



<u>Templenewsam Halton Primary School</u> Curriculum Intent statement - Physical Education

At Templenewsam Halton Primary school, children will be provided with the opportunity to exercise during every school day, and this will not be limited to just taking place during PE lessons. We want children's hearts to be pounding, their bodies to be moving and their eyes to be sparkling! By the time children leave our school, they will understand how to lead a healthy lifestyle in a way that is enjoyable to them personally.

We aim to deliver a fun, high-quality Physical Education curriculum that inspires all pupils to succeed around their own interests and abilities. We will nurture children's natural talents and provide opportunities for them to compete in sports to build characters and help embed values such as fairness and respect. Children will build on their knowledge and skills as they move through school to ensure progression is made.

Children will have the opportunity to be part of a team which will teach children how to communicate, cooperate and collaborate with others, which we believe are important life-long values.

We will encourage children to be adventurous, take risks and be resilient. As Michael Jordan once said,

"obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it".

