

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	OPTION 1 Mixed Vegetable & Bean Fajita with Oven Baked Wedges	Vegetarian Chilli Nacho Bake with Rice	Roast Quorn Fillet With Roast Potatoes & Gravy	Baked Creamy Mac 'N' Cheese	Sausage Roll & Chips
OPTION 2	Chicken & Spinach Pasta Bake	Mild Beef Chilli with Rice	Roast Chicken, Roast Potatoes & Gravy	Creamy Chicken Curry with Carrot Rice	MSC Approved Fish Fingers & Chips
VEGGIES	Peas & Carrots	Sweetcorn	Broccoli & Peas	Carrot & Mixed Salad	Beans
FILLED ROLLS	Ham Cheese	Chicken Egg	Ham Cheese	Tuna Mayo Ham Cheese	Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS	Strawberry Yogurt & Strawberry Sauce	Mixed Berry & Apple Crumble with Custard	Orange Jelly with Mandarins	Gingerbread Squares with Custard	Garden Brownie
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Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian



Vegan



Added Wholewheat

