

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

VEGGIES



FILLED ROLLS



Margherita Pizza & Wedges



Sausage & Mashed Potatoes with Gravy



Cottage Pie with Gravy



Cheesy Cauliflower Pasta Bake



Tex-mex Vegetable Fajita Wrap



MSC Approved Salmon Pasta Bake



Pork & Beef Sausage, Mash & Gravy

Roast Turkey, Roast Potatoes & Gravy

Mild Caribbean Chicken Curry with Carrot Rice



MSC Approved Fish & Chips

Peas



Carrot & Peas



Broccoli & Cauliflower



Carrot & Mixed Salad



Baked Beans



Tuna Mayo Cheese

Chicken Egg

Ham Cheese

Tuna Mayo Ham Cheese

Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Strawberry Mousse



Oaty Apple Crumble & Custard



Original Flapjack



Chocolate & Carrot Muffin



Raspberry Jelly & Mandarins



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat

