

At Temple Newsam Halton Primary School we do not accept bullying in any form.

What is bullying?

There are 4 different forms of bullying.

Emotional - When people deliberately upset you by making nasty comments or making fun of you. They may not include you in their games, or hide your things, or spread rumours about you.

Physical  - When someone hurts you again and again, by kicking, punching, nipping or using an actual object to hurt you or damage your things.

Online or cyber bullying  - When someone uses technology or social media to upset you. This could be sending unkind messages or pictures to your phone or laptop/tablet.

Prejudice

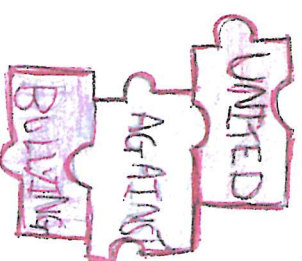
When someone bullies another person because of their race, religion, gender, disability or wealth. It is done simply because of your identity which makes you who you are!

Don't let anyone stop who you are!

What is NOT bullying?

When you fall out with your friends or they won't let you play, then this ISN'T bullying. It's when something happens again and again!

What to do!



- Ask them to stop.
- Tell a trusted adult.
- DO NOT join in or watch
- DO NOT try and sort it out yourself.



TNHPS!
WE ARE STRONGER
TOGETHER 



Anti-Bullying Booklet.

Created by the children of

TNHPS

We are TNHPS.

We are united against
bullying.